# 0inutcel

# **Coaching with Lecturio**

### What is coaching?

Coaching is a relatively new approach within medical education that seeks to support students in reaching their full potential as learners, and by extension, maximize their future potential as health care providers. While coaching may include academic components, it can incorporate personal, career, and personal well-being goals as well. Coaching seeks to build up the coachees' ability to develop their personal visions, facilitate coachees in identifying gaps between their current and target states, and help them design and apply achievable action plans to reach their goals while focusing on empowerment instead of direct tutoring. Learn more about coaching **here**.

## How to use Lecturio for Coaching



**Image 1.** Coaching Phases. Phase 1-3 are part of the coaching continuum, with Phase 4 being the real world test. The process is cyclical in nature, and where the need arises, the coaching process can be repeated even after successful achievement of the goals set in the first coaching cycle.

The process we outlined generally follows the Coaching in Medicine Model (learn more about it **here**). **Lecturio** can support the coaching process during multiple parts of the coaching series or cycle. We offer coaches a way to maximize the impact of the coaching process, especially when academic goals are involved, in an effective and time-efficient way.

#### Phase 1

During this phase, the coach and learner are provided with knowledge of the coaching process and their respective responsibilities. Goals are set, and a baseline evaluation can be performed to ensure measurability of goal achievement.

#### Lecturio Phase 1 Support:

a. Coaching and Learning Support Content: our library includes content on Coaching and Learning techniques that will help prepare coaches and their coachees for the process they are about to embark on.

- **b.** Learning Paths: Our learning path functionality provides a streamlined path to the coaching process. Intake forms, goal reporting forms, and the baseline academic performance evaluation can all be incorporated as steps within the learning path, ensuring that everything is trackable and that nothing is missed by either the coach or their coachees.
- **c. Qbank and Exam Capability:** A performance baseline assessment can be performed through the use of our 4500 strong Question Bank and advanced exam creation capability.

#### Phase 2

During this phase, the coaching activity takes place. Having set up the goals in Phase 1, the coach and coachee will work together to achieve measurable results on those goals through targeted coaching and guidance, supplemented by various different resources. Multiple rounds of progress monitoring meetings happen during phase 2, focusing on actions and feedback.

#### Lecturio Phase 2 Support:

- a. Assignment Center: Coaches can assign content to supplement the coachee's academic goals. They can also assign external tasks related to other goals that have been set in phase 1, which will show up in the study planner of the program participants along with any deadlines they have set.
- **b.** Video Library: Independent learning, both for academic and learning support purposes, can be done through our platform.
- c. Qbank Questions: Formative tests to support academic goals can easily be set up, implemented, and tracked within Lecturio.
- **d.** Learning Analytics and Admin Dashboard: Lecturio's wealth of learning analytics and assignment completion tracker can help coaches provide better feedback, ensuring that they are data-supported, concrete, and targeted towards the coachees' specific situations.

#### Phase 3

During this phase, the coaching activity winds down. If the coaching program is aimed towards improved exam performance, then at this stage, the student is preparing to take (or re-take) the exam. This phase is where final performance reviews are done, feedback is provided, and coachees are empowered to trust themselves in applying what they have learned during the process.

#### Lecturio Phase 3 Support:

- **a. Qbank Tests:** Summative assessments can measure the objective academic progress of the student when academic progress is a goal of the coaching program.
- **b.** Learning Paths: Coaches can include the coaching program exit survey and the final academic progress test as path steps in a streamlined way.
- **c.** Learning Analytics and Admin Dashboard: Coaches can review progress and provide datasupported and targeted final feedback throughout the coaching process.

Read more about coaching here: www.lecturio.com/pulse/coaching-in-healthcare-education Need more support? Reach out to us at learning-science@lecturio.com