

HOW TO PUT ON STERILE GLOVES



SUPPLIES



Sterile Gloves

NOTES

Donning Sterile Gloves

1. Perform hand hygiene.
2. Place the sterile gloves on a clean, dry, flat, surface.
3. Open the inner package by grasping the inner edges of the wrapper.
4. With your left hand grasp the folded inner surface of the glove that will be applied to your right hand.
5. Lift the glove up and insert your right hand, keeping the palm facing up.
6. Pull the inner cuff of the right glove over your right hand.
7. Insert the gloved right hand into the fold of the left glove.
8. Lift the left glove and insert the left hand.
9. Pull the glove onto the left hand.
10. Adjust the fitting and fingers as needed.

