

PERFORMING TRACH CARE



Emergency Supplies



Resuscitation bag



Oxygen source



Sterile trach replacement tube



Tracheal suction equipment



Cotton-tipped applicators



Sterile saline



Tracheostomy ties



Gauze sponges



Disposable inner cannula



Split 4x4 gauze

****DO NOT attempt to cut yourself, filaments from gauze may enter trach****

Pre-Procedure

- Explain procedure to patient.
- Head of bed at 30–45°.
- Assess baseline respiratory status.
- Find a colleague to assist.

Procedure

- 1 Moisten 4x4 gauze with saline.
- 2 Perform hand hygiene & apply non-sterile gloves.
- 3 Stabilize trach faceplate and carefully unlock inner cannula and remove. Cleanse with saline and soft brush and dry thoroughly or replace with new disposable cannula per policy.
- 4 Insert clean or new inner cannula and lock into place.
- 5 Remove old split gauze from around trach. Be careful not to dislodge trach!
- 6 Hand hygiene/change non-sterile gloves.
- 7 Assess stoma site for signs of inflammation/infection
- 8 Clean around stoma site with moistened saline gauze or sterile tipped cotton applicators. Discard after each wipe. Do not get any gauze fibers in the stoma site!
- 9 Dry skin around trach site thoroughly with dry sterile 4x4 gauze.
- 10 Place new split 4x4 gauze under trach.
- 11 Have a colleague hold trach in place while removing trach ties.
- 12 Put new ties on, tightening so a maximum of 1–2 fingers can fit under ties.



CLINICAL TIP:

Suction the trach before beginning and have suction within reach.

NOTES

