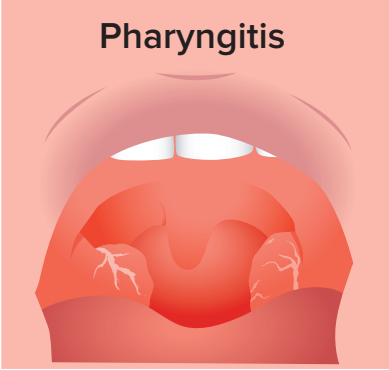
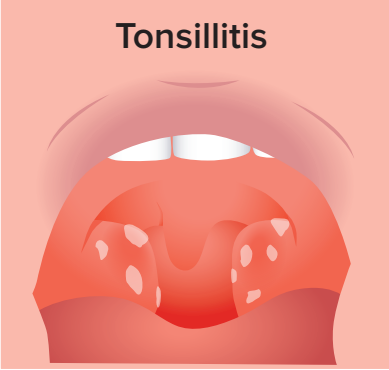



# PEDIATRIC THROAT DISORDERS INCLUDING STREP THROAT



	Pharyngitis	Tonsillitis	Strep throat
			
<b>Definition</b>	Viral or bacterial inflammation of the throat mucosa	Viral or bacterial inflammation of the tonsils	A bacterial infection of the throat caused by streptococcal bacteria
<b>Signs and symptoms</b>	<ul style="list-style-type: none"> <li>• Dry, scratchy throat</li> <li>• May have enlarged lymph nodes</li> <li>• Throat pain</li> </ul>	<ul style="list-style-type: none"> <li>• Enlarged tonsils</li> <li>• White patches on tonsils</li> <li>• Foul breath</li> <li>• Throat pain</li> </ul>	<ul style="list-style-type: none"> <li>• Tiny red spots on the roof of the mouth</li> <li>• Absence of cough</li> <li>• Fever</li> <li>• Throat pain</li> </ul>
<b>Management options</b>	<ul style="list-style-type: none"> <li>• OTC pain analgesics (NSAIDs, acetaminophen)</li> <li>• Throat lozenges</li> <li>• Salt water gargles</li> <li>• Depending on cause, tonsillitis may need antibiotic therapy. Strep throat always requires antibiotic therapy.</li> </ul>		
<b>Possible complications</b>	<ul style="list-style-type: none"> <li>• Dehydration</li> <li>• Chronic throat pain</li> <li>• Ear infections</li> <li>• Pharyngitis often precedes other viral infections and if symptoms persist, needs to be evaluated for viral or other bacterial illness.</li> </ul>	<ul style="list-style-type: none"> <li>• Sleep apnea (if severely swollen tonsils)</li> <li>• Ear infections or peritonsillar abscess</li> </ul>	<ul style="list-style-type: none"> <li>• Rheumatic fever</li> <li>• Otitis media</li> <li>• Kidney infection</li> <li>• Pneumonia</li> <li>• Toxic shock syndrome</li> <li>• Meningitis</li> </ul>

## NOTES

