

OPTIC (EYE) MEDICATION ADMINISTRATION



Supplies



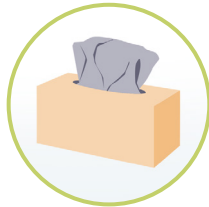
Medication



Warm water or normal saline solution



Sterile gauze



Facial tissue

Administration Procedure

- 1 Verify medication using the Seven Rights of Administration.
- 2 Remove any discharge with a moistened sterile gauze pad by wiping from inner canthus to outer canthus of eye.
- 3 Have client look upward and away from administration site.
- 4 Pull lower eyelid down to expose conjunctival sac.
- 5 Squeeze prescribed drops, gel, or lubricant into eye.
- 6 Use facial tissue to absorb any medication that drips from eye.
- 7 Repeat procedure to opposite eye, if indicated.

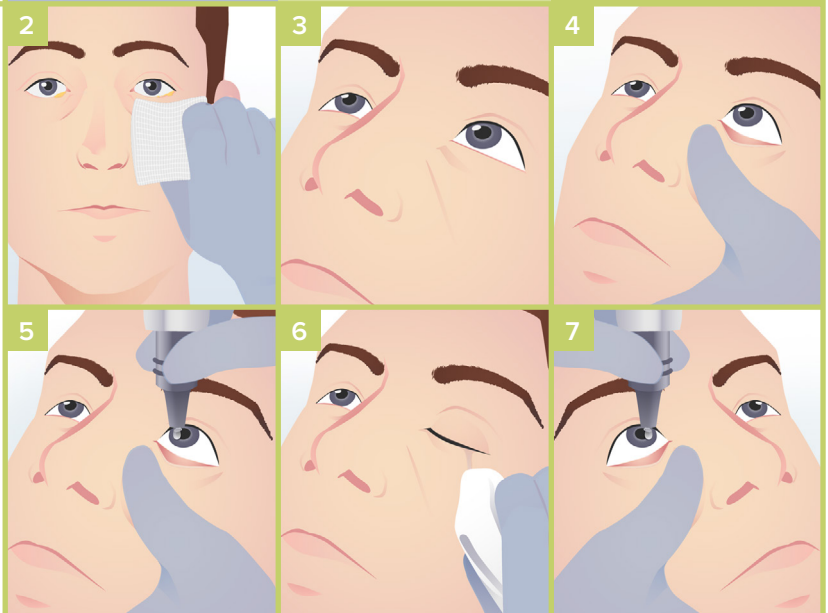
Clinical Tips

1. Provide tissue to client before administering eye drops, so they can blot excess medication as needed.
2. Warm medication to room temperature for client comfort.
3. Avoid contamination of medication bottle by ensuring dropper does not touch client.

Client Education

1. Explain indication, action, dose, frequency, and duration of each medication prescription to client.
2. Teach eye drop self-administration and have client demonstrate technique to ensure understanding.
3. Encourage client to blink and blot gently after administration. They should avoid pressing on eye or squeezing eyes shut, which can extrude medication from eye and inhibit absorption.
4. If client is prescribed multiple optic medications, they should wait five minutes between administration of different types of eye drops.

1 Prevention of medication errors	1. Right medication	5. Right route
	2. Right documentation	6. Right dose
	3. Right indication	7. Right client
	4. Right time	



NOTES

