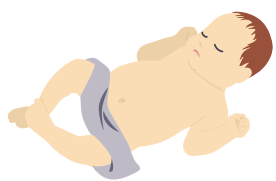


NORMAL VITAL SIGNS IN PEDIATRICS BY AGE



Infant 0-12 months

		Normal Range
Heart Rate		100 - 180
Blood Pressure		$\frac{72 - 104}{37 - 56}$
Respirations		30 - 53



Toddler 1-2 years

		Normal Range
Heart Rate		90 - 140
Blood Pressure		$\frac{86 - 106}{42 - 63}$
Respirations		20 - 37



Preschooler 3-5 years

		Normal Range
Heart Rate		80 - 120
Blood Pressure		$\frac{89 - 112}{46 - 72}$
Respirations		20 - 28



School-Age Child 6-9 years

		Normal Range
Heart Rate		75 - 118
Blood Pressure		$\frac{97 - 115}{57 - 76}$
Respirations		18 - 25



Adolescent 10-15 years

		Normal Range
Heart Rate		60 - 100
Blood Pressure		$\frac{102 - 120}{61 - 80}$
10 - 12 years		$\frac{110 - 131}{64 - 83}$
13 - 15 years		
Respirations		12 - 20

EXAM TIP:

Pediatric respiratory distress is the leading cause of cardiac collapse.

CLINICAL TIPS:

- ✓ Check vital signs while patient is held by parents
- ✓ Keep babies warm and swaddled
- ✓ Check blood pressure last. If needed, leave blood pressure cuff on and return to check later when calm



Start CPR on a infant - 12 year old with a heart rate less than 60

NOTES

