

BASICS OF CLIENT EDUCATION



- Assess factors influencing clients' learning condition before planning any education.
 - Obtain translator if client is not fluent in languages you speak.
 - Reach out to other healthcare personnel for support (e.g., an occupational therapist) if client has abilities that alter their learning.
 - Identify and document reasons if client is unwilling or faces barriers to learning.
 - Attempt to provide a quiet or private location for education (even small measures, like drawing a bedside curtain or closing a door can help).
- Consider relevant learning materials, e.g., a medication information sheet or videos, to supplement client education.
- Offer client materials to write and take notes with.
- When appropriate, use hands-on education activities or provide information about support groups.
- Reach out to specialists to provide supplemental information, e.g., physical therapists or diabetes educators.

Ways to Validate Client Education



Teach-back method
(gold standard)

Verbalizes understanding

Written validation

NOTES

