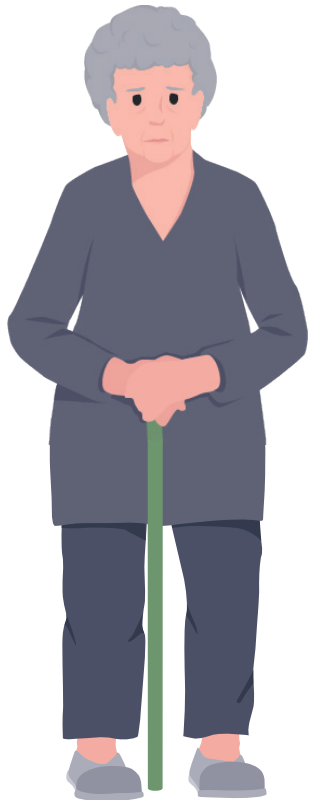
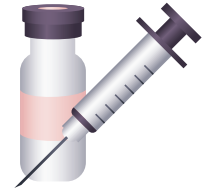


ADULT (ONLY) VACCINES



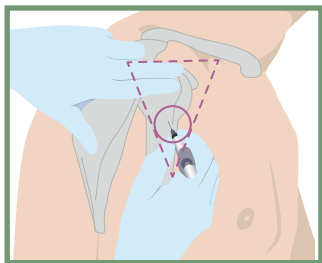
Vaccines are an important tool for health promotion and disease prevention, especially in the population 65 and older. Nurses can use open-ended questions to assess clients' thoughts and feelings about vaccines and provide evidence-based information to support informed decision-making about vaccine options.



Recommended vaccine	Timing	Notes
"Influenza vaccine" Influenza inactivated (IIV4) or Influenza recombinant (RIV4)	One dose annually	Live attenuated influenza vaccine (LAIV4) is not recommended for individuals aged 50 and over.
"Shingles vaccine" Zoster recombinant (RZV)	Two doses, 2–6 months apart, after age 50	Serologic evidence of prior varicella is not necessary for zoster vaccination.
"Pneumonia vaccine" Pneumococcal (PCV15, PCV20, PPSV23)	At age 65, if not given previously or if vaccine history unknown	If PCV15 is given, follow with PPSV23 at least one year later. A shorter interval may be considered for immunocompromised individuals.

CLINICAL TIP

The deltoid is the recommended injection site for adult vaccines.



Educate clients about common vaccine side effects:

Drowsiness	Chills	Pain at the injection site	Headache
Muscle pain	Nausea	Heat	Fatigue

Symptoms usually last 1–2 days and are mild. Clients should contact their medical provider if symptoms persist, or if more severe symptoms occur.

NOTES

