# **ADMINISTERING TRANSDERMAL MEDICATION**



## **Transdermal Medication Systems**

Route of administration utilizing a medication-impregnated patch applied to the skin:

Medication diffuses through skin layers into the systemic circulation, allowing slow absorption of medication over time.

# Transdermal Patch Administration **Pre-Procedure:**

- Verify medication using seven rights of medication administration.
- Perform hand hygiene and don gloves.
- Locate previous patch, if present, and remove.
- Select new application site and assess to ensure skin is intact.
- Clean site with soap and water as needed.
- Remove soiled gloves and perform hand hygiene.

#### **Procedure:**

- Don clean gloves.
- Peel open patch package with sticky side facing you.
- Apply patch to prepared site.

#### **Post-Procedure:**

- 10. Label patch with date and time of administration and initials.
- Dispose of removed patch in black box or per facility protocol.
- 12. Remove soiled gloves and perform hand hygiene.
- 13. Document date, time, and location of patch clearly in client chart.

### Benefits of Transdermal Route

- Uniform release of medication avoids peaks, reducing risk of side effects and toxicity.
- Less invasive than parenteral route
- Alternative when parenteral access is limited in 'hard-stick' clients and those with needle phobia
- Reduced dosing frequency can improve compliance.
- Alternative to PO in clients who are unconscious or vomiting

#### **CLINICAL TIPS:**

Do not apply transdermal patch to non-intact skin, unless specifically ordered by provider.

# Medication Speciality gloves 1. Right medication 5. Right route 2. Right Prevention 6. Right dose documentation of medication errors 3. Right indication 7. Right client 4. Right time

**NOTES** 

