

AIDET: HOW TO INTRODUCE YOURSELF TO YOUR PATIENT



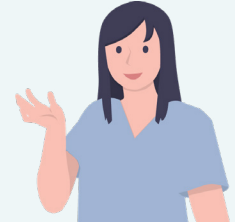
A ACKNOWLEDGE

Acknowledge both patient and family with good eye contact, verifying correct name pronunciation if necessary. Show care and compassion.



I INTRODUCTION

Introduce yourself to your patient and/or family. Patients want to know who will be involved in their care. It is important to provide your name and what you do, including your responsibility or status for that shift. Connect with your patient.



D DURATION

Discuss duration of the upcoming procedure that you will perform such as urinary catheter insertion. Provide length of time for procedure, as well as, when it will occur. Give approximate time frames for procedures.



E EXPLANATION

Explain procedure prior to performing it, answering any patient questions. Omitting procedural explanation decreases patient satisfaction and increases patient anxiety.



T THANK YOU

Thank patient for allowing you to take care of them or for allowing you to perform procedure.



AIDET has a positive influence on:

- ✓ Patient compliance
- ✓ Patient satisfaction
- ✓ Clinical outcomes
- ✓ Perception of care
- ✓ Decrease anxiety level

Introducing Yourself to Your Patient Utilizing AIDET



NOTES

