

# **GENERAL DRUG SAFETY TIPS**



# How to read a drug label



# Example: Determine if dose is appropriate

### Label states:

Usual dose: Children, 20–40 mg per kg a day in three divided doses. Adults, 250 mg three times a day. See literature. Contains Cefaclor-Monohydrate equivalent to 375 g anhydrous Cefaclor in a dry, pleasantly-flavored mixture.

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# If the client weighs 10 kg, is this order a safe and therapeutic dose?

### 1. Determine the daily safe and therapeutic range for a 10-kg child:

 $10 \times 20 = 200 \text{ mg}$   $\longrightarrow$   $10 \times 40 = 400 \text{ mg}$ (lowest therapeutic dose) (highest safe range of medication)

For a 10-kg client, the safe and therapeutic range of this medication is 200–400 mg/day.

### 2. Determine the divided dosage, according to the order, for a 10-kg client:

1 day = 24 hours, 3 doses in a day = 24/3, which is 1 dose every 8 hours 125 mg x 3 (doses q 8 hours) = 375 mg in 1 day

For a 10-kg client, this order would provide 375 mg/day.

3. Determine if the ordered amount of medication falls within the safe and therapeutic range for a 10-kg client:



375 mg is within the safe and therapeutic range of 200–400 mg.

## SAFETY TIPS

Nurses are responsible for ensuring that the ordered medication dose is within a safe and therapeutic range for the client. Always ensure the dose ordered by a provider is within the dosage range listed on the medication label.

Providing a safe dose of medication often requires calculating a dosage based off of a client's body weight.

#### Neonates and infants

Weighed in kilograms (kg)

#### Adults

Order states:

Give 125 mg

every 8 hours

Weighed in pounds (lb) or kilograms (kg)

## **CLINICAL TIP**

If the total daily dose is to be taken throughout the day, ensure equal intervals.

Morning: 50 mg Afternoon: 50 mg Night: 50 mg



= Total daily dose: 150 mg

## **PAY ATTENTION**

When a medication is ordered in divided doses, make sure the total daily dose is within the stated safe therapeutic range on the label.

### NURSING NOTE

Never cut enteric tablets. Do not open capsules to mix into food without provider or pharmacy approval.

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