



Learn by teaching with the

# Feynman Technique

1

## Learn

Write down and define what exactly you need to know & study it.

2

## Teach

Explain the concept in your own words, in a way a child would understand.

3

## Evaluate

How thorough and understandable was your teaching? Where are your gaps and weaknesses?

4

## Repeat

Resume studying, focusing on your weak areas. Then teach and review again.

*"If you can't explain it simply, you don't understand it well enough."*